



POLLY HAMUI-NAHMAD

604.367.6484

pollythedoula@gmail.com

www.pollythedoula.com

ENGAGEMENT FORM

(Signature of birth mother and partner required)

Please fill this form in for your first meeting with Polly



First Name	Last Name	
Partner First Name	Partner Last Name	
Address		
City	Province	Postal Code
Email	Mom Cel Phone	Partner Cel Phone
Estimated Due Date	Date and Location Service Performed	

- Included in the birth doula package is a prenatal visit, where we will go over your expectations for labour support, design a birth plan and discuss the terms of this agreement. This doula care package covers my on-call services for the five week period starting at 37 weeks, with unlimited phone, e-mail and text support, until the delivery of your baby. I will come to you while you are in labour or when you feel you are ready for me to be present. I will stay with you for the duration of your labour and approximately one to two hours postpartum or until you are feeling settled with your baby.
- If you do not have midwifery care, for an additional \$50 I can arrange an "immediate postpartum visit" within the first 24 hours after delivery. In these cases, an additional visit at your home will happen within the next two weeks to follow up and bring the birthing relationship to a close. Any additional prenatal or postpartum visits may be negotiated for an additional fee of \$30 per hour.
- My fee for the total birth package is [REDACTED]. A [REDACTED] retainer fee, collected at the prenatal visit, assures you that your birth is my priority and on my calendar. The retainer fee covers my work prenatally and my on-call time. It will be refundable only if for any reason I am unavailable to attend your birth. Or find a suitable back up Doula. If your family delivers the baby faster than I can arrive, (due to rapid labour or impassable road conditions) I shall keep the retainer. (If you fail to contact me during the process of labour and delivery the full fee of [REDACTED] will be charged). The remaining fee of [REDACTED] is paid when initial contract is negotiated with a postdated check for the estimated due date.
- You will have piece of mind in knowing that you have met me, are familiar with me and comfortable with me and if requested by you, a backup doula colleague.
- As a doula, it is not within my scope of practice to provide any medical care or advice. As your doula I will offer emotional and non-pharmaceutical physical support including education on support techniques for labour. I provide assistance with breastfeeding, newborn care and postpartum recovery and transition. I can be a resource for discussions around medical options throughout pregnancy, labour and postpartum but my input does not replace advice from your care provider.

Initial _____

- 6. Feel free to connect with me via e-mail, text and phone calls through the duration of our relationship. I ask the middle of the night connection be reserved for emergency inquiries only for pregnancy concerns and then any time when you think labour may be starting.
- 7. Open dialogue is greatly appreciated, so as much warning as possible for pre/early labour signs allows me to organize my personal life. Keep in mind that it could take me up to an hour or so to arrive, once you have called for me when labour has started.
- 8. Any massage work that I provide is for relaxation purposes only. I am trained in massage support for pregnant, labouring and postpartum mothers, however make no claim for medical benefit for these services and assume no responsibility in the event of any such medical complication.

Initial _____

- 9. Included in the birth package is one postpartum visit, which is usually around two hours. At this time we can discuss whether or not postpartum services are something your family is interested in attaining for extra support.
- 10. I want you to know that I work with the upmost consideration for your privacy. I realize that this is an incredibly personal event and your confidentiality is my priority.

Thank you very much for acquiring my doula birthing/and/or postpartum services. I enter into this agreement with the utmost consideration for the honour that it is to be of service to your family.

In Good Faith,

Polly Hamui-Nahmad, CD (DONA),
Family Birthing and Postpartum Doula

Signature: _____

Signature: _____

Signature: _____

Signature: _____

Backup Doula colleague, if required

Date: _____

Date: _____

DETAIL SUMMARY OF CONTRACT – please read carefully

Total Birth Package [redacted]

Retainer Fee [redacted]

The retainer fee covers my work prenatally and my on-call time. It will be refundable only if for any reason I am unavailable to attend your birth. Or find a suitable back up Doula. If your family delivers the baby faster than I can arrive, (due to rapid labour or impassable road conditions) I shall keep the retainer. If you fail to contact me during the process of labour and delivery the full fee of [redacted] will be charged. The remaining fee of [redacted] is paid when initial contract is negotiated with a postdated check for the estimated due date.